



COVID-19 Infection Control Plan for Therapeutic Sessions

ALL PEOPLE ON BLUE RIDER STABLES, INC. PROPERTY:

- No one will be allowed on the property for 14 days from the date that they or someone they reside with or has had close contact with has returned from traveling as designated by the CDC policies. Everyone will be screened for travel via COVID-19 Temperature Questionnaire upon arrival.
- If any person who comes on the property tests positive for COVID-19, they must inform us within 1 hour of receiving test results. All Programs will be shut down immediately for 3 days and possibly longer. Anyone who was on site at the time of possible exposure will be contacted immediately.
- No one with signs or symptoms, such as cough, shortness of breath or difficulty breathing, fever or chills, fatigue, muscle or body aches, sore throat, new loss of taste or smell, headache, congestion or runny nose, nausea, vomiting, or diarrhea should come to the facility. Posters will be displayed with signs and symptoms.
- Instructors will do a temperature scan and verbal health check with riders and volunteers in their sessions before exiting the car. COVID-19 Temperature Questionnaire will be recorded in schooling/therapy notes.
- Upon arrival, everyone will use hand sanitizer before working or riding, following CDC guidelines.
- Per CDC guidelines, everything worn on hands and wrists must be able to be disinfected. Therefore, no hand jewelry will be worn, with the exception of easily washable watches with minimal grooves such as a Fitbit, etc.
- Everyone will have a protective face covering to be worn whenever there is the risk of social distancing guidelines not being followed and in high traffic areas.

RIDER SCREENING:

- A customized Risk Benefit Assessment will be completed for each rider prior to reentry into the therapy program. This assessment will also include a copy of the Blue Rider Stables COVID-19 Infection Control Plan for therapeutic sessions. This form will be signed by the family and Blue Rider Staff.
- If in the risk/benefit assessment performed, a significant greater risk than benefit is determined, particularly with patients with respiratory or immune issues, families may be asked to get an additional doctor release to participate.

- Any rider not able to stay on the horse on his/her own, will not be able to participate in our therapeutic sessions due to close proximity of riders to volunteers for an extended period of time.

SUPPORT STAFF / RIDER PROCEDURES:

- Families should bring the minimum number of people needed to care for the rider to help limit the number of people on site.
- **Riders will be required to have their own helmets.**
- Riders will wait in vehicles until a Blue Rider Stables volunteer/instructor comes to get them at the start of a session. The rider support staff can go to the designated seating area, for the duration of the lesson.
- Riders will be dismounted close to the door so riders can go straight to their families. Riders will be dismounted and exited one at a time.
- Families will be asked to leave promptly after class to limit the number of people on site.

INSTRUCTORS:

- There will be an infection control apron readily accessible in the barn.
 - The apron will contain supplies to mitigate contamination by bodily fluids including properly folded protective face coverings, sanitizer, tissues, Ziploc bags (for soiled tissues), and gloves.
 - The apron will be machine washed daily.
- Gloves will be worn with riders who are drooling, hands in mouth/nose, and any other instance where they are considered needed.
- Instructors will wear their protective face coverings during mounting and whenever within proximity of others, but will remove and store coverings according to CDC infection control guidelines when further away for clear communication.
- Instructors will provide assistance to riders from the side or back as much as possible - avoiding standing directly in front of them as much as able.

STAFF:

- All Staff will wear protective face coverings whenever social distancing space is not maintainable.
- Staff will be encouraged to bring their own protective face coverings, however, a small supply will be available on site.
- If Staff wants/needs to wear gloves, they will use Hand Sanitizer and provided gloves.
- All staff will monitor proper social distancing for all aspects of Blue Rider activities.
- Staff have recently been trained in COVID 19 symptoms, Handwashing/Eye/Face Safety, Personal

Protective Equipment use, Blood Born Pathogen removal, and cleaning procedures. Training is documented.

PROGRAMMING:

- When riding lessons are in session, no one will enter the riding area. The front door is only for riders to access. Access for staff will be via green entrance or office.
- There will be a maximum of five people in the lesson area at one time.
- The tack room will have restricted access for authorized personnel only.

HORSES:

- Horses that are used in class will have a neck covering to help prevent contamination.
- Horses will not be used in back to back lessons.

TACK/GROOMING ITEMS:

- Will be cleaned and disinfected after use following CDC guidelines.

FACILITY:

- Staff will disinfect gate latches, hose ends, door knobs, light switches, ramp rail, mounting block, wheelbarrow handles and other mucking equipment daily.
- There will be pedal trash bins provided, separate from general trash, for all washable coverings and gloves for biohazard. Biohazard will be disposed of in a double bag, according to CDC guidelines.
- There will be no recycling during this time.
- There will be signs on handwashing by faucets etc.
- Disinfectants will follow the CDC recommendations.

Client/Parent/Guardian Signature: _____ **Date:** _____

Program Manager Signature: _____ **Date:** _____

I herewith acknowledge that the following Blue Rider Stables documents have been read, completed and signed:

_____ Assumption of Risk Form for 2020

_____ COVID-19 Liability Waiver Form 2020

_____ COVID-19 Risk Benefit Assessment Form 2020

_____ COVID-19 Infection Control Plan 2020

_____ COVID-19 Temperature Questionnaire – to be completed before exiting vehicle at
Blue Rider Stables

Client/Parent/Guardian Signature: _____ **Date:** _____

We recommend all participants have a copy of the above for their records.